

## ST. PAUL OCTOBER 2017 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Pulled Pork Sandwich Crispy Chicken Sandwich Turkey and Cheese Sandwich	<b>3</b> Pasta Alfredo <i>With a whole grain roll</i> Taco Salad <i>with tortilla chips</i> Ham & Cheese Sandwich	<b>4</b> Cheese Pizza Pepperoni Pizza Turkey and Cheese Sandwich	<b>5</b> Chicken Nuggets <i>With Tater Tots</i> Hot Dog <i>With Tater Tots</i> Ham and Cheese Sandwich	<b>6</b> Cheeseburger <i>With roasted red potatoes</i> Hamburger <i>With roasted red potatoes</i> Chef Salad <i>With a whole grain roll</i>
<b>9</b> Bean & Cheese Enchilada Crispy Chicken Sandwich Turkey and Cheese Sandwich	<b>10</b> Baked Potato <i>With a whole grain roll</i> Taco Salad <i>with tortilla chips</i> Ham & Cheese Sandwich	<b>11</b> Cheese Pizza Pepperoni Pizza Lochmead Yogurt Parfait w/ granola	<b>12</b> Cheese Quesadilla Chicken Nuggets <i>With Tater Tots</i> Ham and Cheese Sandwich	<b>13</b>  <b>No School</b>
<b>16</b> Grilled Cheese Crispy Chicken Sandwich Turkey and Cheese Sandwich	<b>17</b> Pasta Alfredo <i>With a whole grain roll</i> Taco Salad <i>with tortilla chips</i> Ham & Cheese Sandwich	<b>18</b> Cheese Pizza Pepperoni Pizza Turkey and Cheese Sandwich	<b>19</b> Chicken Nuggets <i>With Tater Tots</i> Hot Dog <i>With Tater Tots</i> Ham and Cheese Sandwich	<b>20</b> Cheeseburger <i>With roasted red potatoes</i> Hamburger <i>With roasted red potatoes</i> Chef Salad <i>With a whole grain roll</i>
<b>23</b> Bean & Cheese Enchilada Crispy Chicken Sandwich Turkey and Cheese Sandwich	<b>24</b> Baked Potato <i>With a whole grain roll</i> Taco Salad <i>with tortilla chips</i> Ham & Cheese Sandwich	<b>25</b> Noon Dismissal	<b>26</b> Cheese Quesadilla Chicken Nuggets <i>With Tater Tots</i> Ham and Cheese Sandwich	<b>27</b> Cheeseburger <i>With roasted red potatoes</i> Hamburger <i>With roasted red potatoes</i> Chef Salad <i>With a whole grain roll</i>
<b>30</b> BBQ Chicken Sandwich Crispy Chicken Sandwich Turkey and Cheese Sandwich	<b>31</b> Pasta Alfredo <i>With a whole grain roll</i> Taco Salad <i>with tortilla chips</i> Ham & Cheese Sandwich			<b>Daily Salad Bar includes Fresh Fruits &amp; Vegetables</b>

~Eugene School District 4J is an equal opportunity provider~  
All meals include one entrée, milk, and a selection of fresh fruits and vegetables

\*Menu is subject to change\*